

FOR YOUR INFORMATION

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Issue 18-45

Date: 11/09/2018

EXODUS RECOVERY URGENT MENTAL HEALTH CARE CENTER ACCESS INFORMATION

All Department of Children and Family Services (DCFS) involved youth referred to Exodus for a 23-hour assessment or medication evaluation MUST be processed through the Bureau of Clinical Resources and Services (formerly the Bureau of the Medical Director) weekdays 9:00AM – 6:00PM or through the Accelerated Placement Team (APT)/Emergency Response Command Post (ERCP) weekdays between 7:00AM – 9:00AM & 6:00PM – 12:30AM and 9:00AM – 5:30PM on weekends and holidays. **No direct referrals by Children Social Workers (CSWs) to Exodus are permitted. Caregivers and youth may not show up to Exodus without approval.**

Exodus Recovery Urgent Mental Health Care Center Locations: Exodus has four locations (three are in Los Angeles with the newest one in Torrance). Youth age 5 years and older with acute or urgent mental health needs may access Exodus to receive the crisis stabilization services outlined below. **Exodus is not a placement nor is it a locked facility.** The length of stay at Exodus cannot exceed 23 hours and the CSW may not request a consecutive 23-hour stay.

Mental Health Crisis & Medication Stabilization: A mental health service lasting less than 23 hours on behalf of a youth for a condition which requires a more timely response than a regularly scheduled visit. Thorough initial mental and physical assessments will drive treatment planning, **medication services** and discharge with linkage to needed services, to include safe placement in coordination with DCFS. Youth must consent to their stay at Exodus and may revoke that consent at any time.

Referral process:

CSWs should create an Exodus referral (requesting 23-hour stay or medication evaluation/refill) via the **Referral Portal** on LAKids with the following documents:

1. Emergency Access & Placement Referral Form (DCFS 6017 – Sections A & C only with no signatures needed)
2. Most recent Court Report
3. Most recent PMA (if applicable)
4. If the child is younger than 12 years old, parent or court consent via a signed DCFS 179-MH or Stand Alone Order

The Exodus Duty Manager/APT Staff will respond to the referral request. Upon approval from the Exodus Duty Manager or APT Staff, the CSW shall bring all of the youth's medication and required paperwork and transport the youth to the location indicated in the approval email:

Exodus Westside (Culver City) Urgent Care Center
11444 W. Washington Blvd., Los Angeles, CA 90066
(310) 253-9494

Marengo Exodus Urgent Care Center
1920 Marengo St., Los Angeles, CA 90033
(323) 276-6400

Exodus Harbor-UCLA Urgent Care Center (23-hour stay available)
1000 W. Carson St., Bldg. 2 South, Torrance, CA 90502
(424) 405-5888

MLK Exodus Urgent Care Center (23-hour stay available)
12021 S. Wilmington Ave., Los Angeles, CA 90059
(562) 295-4617

Note: Per policy, Exodus is not permitted to issue appointments.

Contraband items not allowed at Exodus:

In order to ensure a safe and therapeutic environment, youth who access Exodus Urgent Care Center will not be allowed to have the following items in their possession while at Exodus. These items will be returned when they leave.

- Glass-bottles, mirrors, etc
- Sharp objects- razors, scissors, nail files, knitting needles or other small items
- Matches and/or lighters
- Aerosol cans
- Belts
- Anything with cords (e.g., cell phone chargers, shoelaces, etc)
- Recording equipment
- Lethal weapons (e.g., guns, knives) are sent to the security department
- Alcoholic beverages
- Any illicit drugs (sent to security)
- Cell phones (Youth must turn in their cell phone during their stay at Exodus because use of cell phone cameras pose a risk to confidentiality. Upon request, staff will allow youth to access their cell phones in a private room.)

The following will be updated to include the updated information:

Procedural Guide [0600-515.09](#) Exodus Recovery Urgent Mental Health Care Center Referral



If you have any questions regarding this release please e-mail your question to:

Policy@dcfs.lacounty.gov

Clerical Handbook: <http://lacdcfs.org/Policy/Hndbook%20Clerical/Default.htm>

Eligibility Handbook: <http://lacdcfs.org/Policy/Hndbook%20FCE/TableofContents.htm>

Child Welfare Services Handbook: <http://lacdcfs.org/Policy/Hndbook%20CWS/default.htm>

FYI's: <http://lacdcfs.org/Policy/FYI/TOCFYI.htm>